Acknowledgements

Lord Krishna
-for the wisdom of the Bhagavad Gita

The family
My mother and my father for the legacy of the value of collectivism (vasudeva kutumbakam) and purushartha respectively

My husband, my son and my daughter
-for being my “family”

The maids/plumber/carpenters and all my helpers
-who functionally made it possible

The significant others
-helped me understand the significance of ‘power of engagement’

The Gurus
Dr. Surinder Jaswal – who believed I had it in me and set me on the path
Prof. Ramachandran- who helped me rediscover my Purushartha
Swami Brahmavidhdhananada- for unfolding the wisdom of Vedanta
Christopher Fernandes- who taught me the art of surrender
Mrinalini Rao – defined generosity of spirit from a different standpoint

At the individual level
Dr. Jayaram
Dr. Srilata Juvva
Dr. Anuradha Sovani
Dr. Rashree Mahtani
Venkatesh -who helped me separate the wheat from the chaff

At the administrative level
The Tata Institute of Social Sciences
The Board of Research Studies for the scholarship
Prof. Lakshmi Lingam
Prof. Parasuraman

And finally
For my respondents who took time off to share their experiences and wisdom with me, seen especially in the context of the numerous and interesting refusals encountered in the process of data collection